

## RM of Birch Hills No. 460

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**From:**  
**Sent:** March 20, 2020 4:39 PM  
**To:** SARM  
**Subject:** INFORMATION: Saskatchewan Residents Have a New Option to Access Healthcare System

Good afternoon RMs,

As we continue to navigate the changing environment as a result of the COVID-19 outbreak, we wanted to bring you news of a new and easy way for **every individual** to access healthcare in Saskatchewan, wherever you are, from your mobile device.

Beginning yesterday, March 19th, Saskatchewan residents can now access virtual healthcare services from Lumeca, with a particular focus on COVID-19 screening and general health consultations.

Lumeca is a Regina based company that develops healthcare technology to bring timely access to doctors and allied healthcare professionals. In recent months, members of the Lumeca team had met with the SARM Insurance and Benefits Department, as well as presented to the SARM Board of Directors, to inform us of their new service and the potential value it could bring to RM employees, Council Members and their families.

With this announcement, Lumeca, in cooperation with the Government of Saskatchewan, is now an approved service provider for virtual healthcare services. Their technology allows patients direct access to licensed Saskatchewan doctors through safe and secure text, audio and video consultations where doctors can provide advice, diagnoses and prescriptions for a wide range of conditions while patients are in the safety and comfort of their homes.

Lumeca is available for free to all Saskatchewan residents with a valid Saskatchewan Health Card. The service is available 24/7 for COVID-19 screening and general health consultations.

Lumeca hopes to relieve pressure off the healthcare system and meet the demand from Saskatchewan residents who need medical advice during this challenging time. This service will allow for easy access to health care whether you are self-isolating, exhibiting symptoms or need specific questions answered.

To access this service, download the Lumeca app on the App Store (for iPhone & iPad) or on Google Play (for Android), by searching for Lumeca.

To learn more, go to [lumeca.com](http://lumeca.com) and share this information with your friends, family and community.

Stay safe and healthy and have a great weekend!



**Saskatchewan Association of Rural Municipalities**

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